

# THE KINGDOM OF ALAHKIE





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# THE KINGDOM OF ALAHKIE



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## FOREWORD

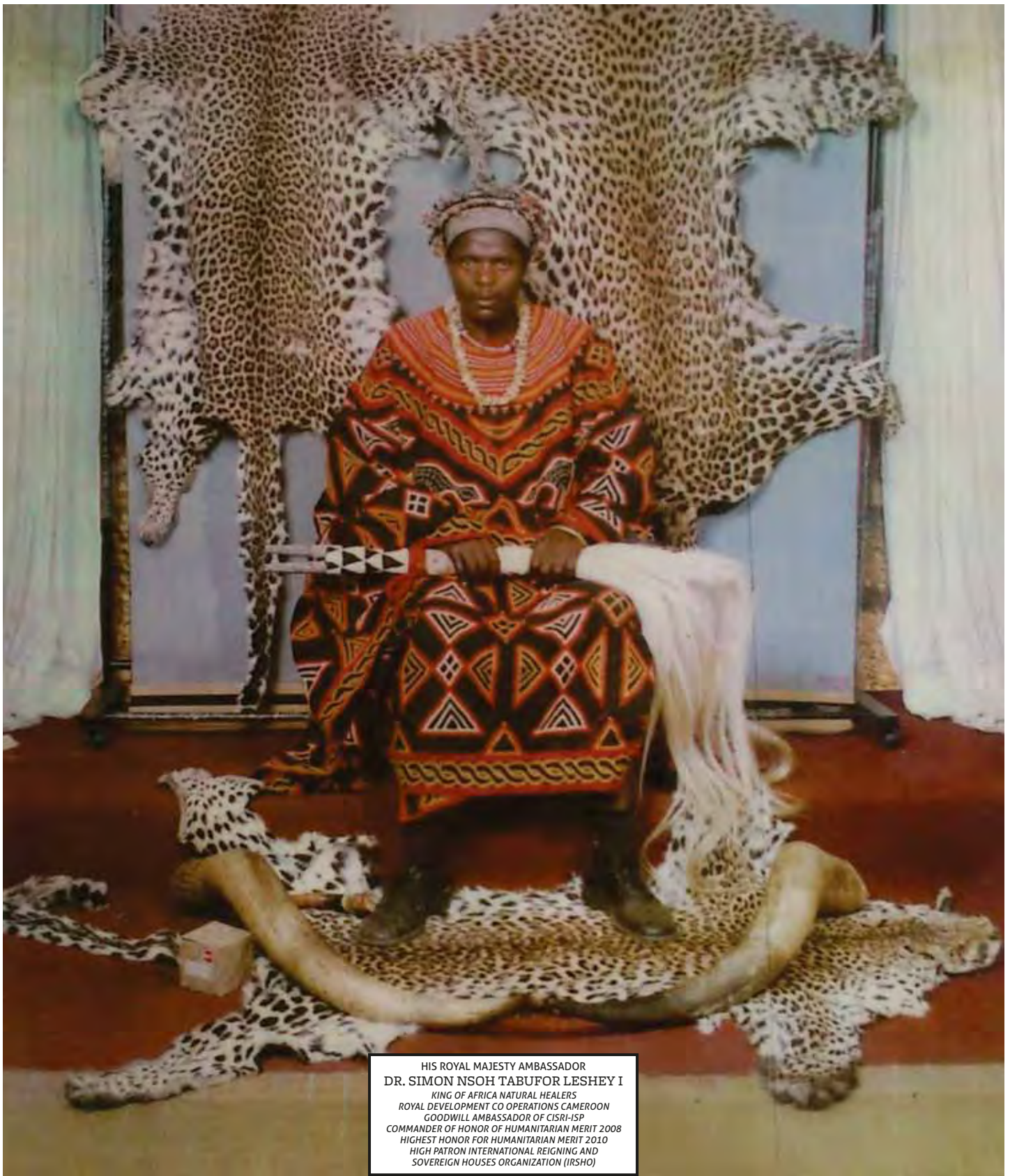
The region called Cameroon has some special features that make up the cultural wealth of the country. It is the diversity of the population, the language and the landscape. This is especially valid for the grasslands, the Northwest region, with its multitude of small kingdoms. In urban areas, the influence of the earlier and later industrialized countries is dominant and therefore the uniformity of things, including the western oriented achievements in social life. Education, jobs, infrastructure, etc. are all based on models, which were voluntarily or forcibly adapted and are therefore the main reason for all the faults and errors. Own developments, if any, do not take advantage of the richness of the country, but try to mingle globally thereby trying to produce what already exists anyway. This is also valid in the field of education.

In rural areas, the mistakes of the cities are not so widely repeated. Especially remote areas still have the opportunity to develop on the basis of traditional culture, if they are not fixed too much to value systems of the city.

Signs of this can be seen in the kingdom of Alahkie-Mankon with the untiringly, selfless and restless work of HRH King Simon Leshey I. This may have been promoted and encouraged by the chance establishment of CAT in Bamenda at the same time.

In the 90s there was an ideas boost by the locally stationed Viennese designer and scientist Dr Siller to the king of Mankon to establish a local museum. This may have less importance for the local population but it was meant to preserve the rich culture for generations to come. There was help forthcoming from Italy for this purpose. A local initiative took care of the construction of the Museum of Makon. Catalogues were published, which dealt with the kingdoms and their collections. Parallel to that, the adopted daughter of the late Sultan of Fumban, Dr Klaffke, could be won for restoration work of the guesthouse at the royal palace of Bafut.

It seemed to be important to publish this booklet in order to appreciate the initiatives taking place in Alahkie.



Born in 1953 in the Royal Home Alahkie-Mankon Bamenda, Cameroon, Africa; received the gift and powers of healing for the people of Cameroon. In 1976, he was declared and crowned King of African Natural Healers by the Natural Cultural and Traditional Healers Authorities as well as the Muslim community. His greatness was declared and honored through the award of the title „Great“ by the people and government of Cameroon.

# CERTIFICATES

Whether in all African countries a certain pleasure exists in granting certificates for work completed or not completed is not known. In a Kingdom in Cameroon, such certificates are granted to both parties, the receiving and the issuing, a part of the local culture, it must be remembered that this is not an income-generating measures for trainers, but for volunteers.

For a local king, it is important to keep contact with as many organizations and institutions as possible and above all to be perceivable and perceived by others.

Since 1978 until today, i.e. 2015, there are a plethora of certificates, diplomas, recognitions, etc. of which a selection of 22 are shown here.

Along with writings of other kings (01, 19) we have congratulation messages from embassies (03, 22) as well as recognition letters and acknowledgments of the central government in Yaounde (06, 18, 20, 21, 22) and the NW-Regional Government (14) as well as letters of international institutions and organizations (02,07,10,11). Particularly effective are appointments by foreign entities (04, 05, 08, 09, 13, 17).



Office of the Pon of Mamou, P.O. Box 218 Mamou-Bamenda, North West Province.  
24th July 2005.

**TO WHOM IT MAY CONCERN**

This is to certify that the bearer Great Dr. Simon Noah Tabour Leshey is a practicing Herbalist in Mamou - Bamenda.  
His Character is good.

Thank you

**OFFICE OF THE PON**  
Pon of Mamou-Bamenda

UNITED NATIONS EDUCATIONAL SCIENTIFIC AND CULTURAL ORGANIZATION  
UNESCO OFFICE IN CENTRAL AFRICA (Cameroon and Equatorial Guinea)  
BUREAU DE L'UNESCO EN AFRIQUE CENTRALE (Cameroun et Guinée Equatoriale)

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N°14000  
Rue de la République à Cameroun

13 JANV 2006

**UNESCO/YAO/RR/ED/004-2/00/mf**

**OBJET: Education, Health and daily life for all.**

Monsieur,  
J'accuse réception de votre lettre du 10 janvier 2006 me transmettant votre rapport et vous en remercie.  
Le Bureau de Yaoundé se réjouit de votre initiative et de l'intérêt que vous portez à notre Organisation.  
Tout en vous souhaitant plein succès dans la réalisation de vos projets, veuillez agréer, Monsieur, l'expression de ma considération distinguée.

Cheikh Tidiane SY  
Représentant UNESCO Yaoundé

HRH Dr. Simon Noah Tabour Leshey I.  
Président R.D.C. Cameroon  
P.O. BOX 11964  
DOUALA

British High Commission  
Yaoundé

Andrew Thomas Churchill  
MP 447  
Yaoundé  
Telephone: 23 88 44 44 23 88  
Telex: 23 88 44

HRH Dr. Simon Noah Tabour Leshey I  
President  
Royal Development Cooperation  
PO Box 11964  
Douala

10th March 2006

Dear Highness  
Thank you for your report of January 10th 2006 addressed to the High Commissioner, detailing recent activities of the Royal Development Cooperation.

We wish you every success with your initiative.

Yours sincerely  
Julian Henderson  
Development Co-ordinator

**CISRI-ISP**  
Conventions for the use of Food Microalgae  
INSTITUTION FOR THE USE OF MICROALGA SPIRULINA AGAINST MALNUTRITION  
**THE SECRETARY-GENERAL**

WHEREAS the CISRI-ISP is an Intergovernmental Organization, established by Multilateral Agreement, registered with the Secretariat of the United Nations at N. 3742 of the United Nations Treaty Series (UNTS), according to Article 80 of the UN Charter.  
WHEREAS the Agreement has been duly signed by the Governments of Benin, Burkina, Democratic Republic of Congo, Equatorial Guinea, Guinea, Gabon, Madagascar, Sao Tome and Principe and with agreement of Cameroon, Comoros.  
WHEREAS the Institution has been declared Permanent Observer to the United Nations by decision of E/2002/21 of the Economic and Social Council, dated 11 March 2002.  
RECOMMENDING the Value, Utility, Integrity and maintenance of:

**HIS ROYAL HIGHNESS SIMON TAFBOUR LESHEY I  
KING OF AFRICAN NATURAL HEALERS**

HIGHEST HONOUR FOR HUMANITARIAN MERIT

Office of Honors  
via Boulevard P. A.  
10000 Yaoundé

**INTERGOVERNMENTAL SPIRULINA PROGRAM**  
Conventions for the Use of Food Microalgae  
INTERGOVERNMENTAL INSTITUTION FOR THE USE OF MICROALGA SPIRULINA AGAINST MALNUTRITION

To: H.R.E. Simon Leshey I  
King of Cameroon Natural Healers

**LETTER OF APPOINTMENT**

Your Royal Highness,  
The Secretary General of the Intergovernmental Institution for the Use of Microalgae Spirulina against Malnutrition, International Organization Observer to United Nations (decision n. 2002/21 of 5 March 2002 by UN Economic and Social Council), originated from the Conventions for the Use of Food Microalgae, registered with United Nations Secretariat at N. 3742 and 3743 of UN Multilateral Agreement Series, -commemorating the value, fidelity, loyalty and dedication of HRH Simon Leshey I reaffirming the decision of CISRI-ISP General Council to appoint him as our Ambassador of Good will (February 2003).  
-bearing in mind his great efforts to spread in Africa and the entire World the knowledge about the cultivation of microalgae Spirulina against malnutrition, -conscious of his efforts to organize and properly diffuse through various lectures and seminars such humanitarian knowledge

HEREBY APPOINTS HIM  
**GOODWILL AMBASSADOR FOR LIFE**  
of the Conventions for the Use of Food Microalgae

With all relevant rights and capacities accorded to international officials, including diplomatic immunity and inviolability, in Member Countries.  
This Honorary position is performed on a benevolent and volunteer basis, and it's transmissibility to the first male heir of the recipient, and, from him, to all your descendants.  
May you agree, Excellency Ambassador Simon Leshey I the expression of our highest esteem.

Yours truly  
24 July 2005  
THE SECRETARY GENERAL  
Dr. A. Maimon

PRESIDENCE DE LA REPUBLIQUE  
PRÉSIDENCE OF THE REPUBLIC  
Service Chargé des Relations avec les Assemblées  
Conseil Technique

REPUBLIQUE DU CAMEROUN  
Républik von Kamerun  
Service in charge of Relations with Assemblies  
Yaoundé, le 30 JUIL 2005  
Le Ministre Délégué,  
The Minister Delegate

N° 05 /A/PR/SC/ACT/001

Ref: 0191905CAB/GAM

To: H.R.E. Ambassador Simon Leshey I  
King of African Cameroon Natural Healers  
Royal Development Cooperation Cameroon  
Goodwill Ambassador of CISRI - ISP  
P.O. Box 11 964 - DOUALA

Dear HRE Ambassador Simon Leshey I,  
I am hereby writing this letter to acknowledge receipt of yours of 30 September 2005.  
You did present by sending a copy of an honour award you were awarded in Italy and destined for the high attention of the Head of State.  
I am seizing this opportunity to extend to you my hearty congratulations on this achievement as you continue your humanitarian development services to the Peoples of Cameroon, Africa and the entire world.

Yours sincerely,  
Gregoire OWONA

WORLD HEALTH ORGANIZATION  
AFRICA REGION  
ORGANISATION MONDIALE DE LA SANTE  
REGION DE L'AFRIQUE

Dear Sir:  
Subject: **YOUR INVITATION**

We have the pleasure to acknowledge receipt of your letter dated 4 January 2005 inviting us to visit your centre.  
We would like to congratulate you for your work in the domain of health.  
We accept the invitation and will find time to honour it sometime in the future.  
We wish to seize this opportunity to thank you for your collaboration.

Mr. Simon Leshey I  
Royal Development Cooperation Cameroon  
P.O. Box 11964  
DOUALA

**Tafetto**

Ambassadeur Simon Tafetou Leshey I

Le récipiendaire de l'insigne de haute distinction de la Ville Impériale de Camero, le TAFETTO, est représenté par son effort dans le secteur humanitaire.

Je Vous prie, en outre, d'apporter les derniers manquants sur le Sceau d'Unité Diplomatique que je Vous envoie et d'y coller une photo format passeport.

Yours truly,  
The Secretary General  
Dr. A. Maimon

**CISRI-ISP**  
Conventions for the use of Food Microalgae  
INSTITUTION FOR THE USE OF MICROALGA SPIRULINA AGAINST MALNUTRITION  
**THE SECRETARY-GENERAL**

19 sept 2005

A l'attention de:  
HRH Simon Leshey I  
Ambassador of Good Will, CISRI-ISP  
King of African Natural Healers  
Royal Home Mamou-Bamenda  
Yaoundé, Cameroun.

Je tiens l'honneur de Vous reconnaître le diplomate d'honneur en reconnaissance de la Ville Impériale de Camero, le TAFETTO, en reconnaissance de Vos efforts dans le secteur humanitaire.

Je Vous prie, en outre, d'apporter les derniers manquants sur le Sceau d'Unité Diplomatique que je Vous envoie et d'y coller une photo format passeport.

Yours truly,  
The Secretary General  
Dr. A. Maimon  
Yaoundé, Cameroun





## BOARDS AND MEMBERS OF RDC

HRH Simon Nsoh Tabufor Leshey, President

Dr Mbang-Mbang Tam, Vice President

Mrs Ngong Seline Sah, Vice Treasurer

Dr Yonghabi Sylvanus, Financial Sec

Mrs Tenji Beatrice, Protocol Officer

Dr Ndangoh Christopher, Treasurer

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Mr Ching Isaac Song

Mrs Ernestine Neh L

Mr Nnu Sixtus Nyia

Ntengwa Paulinus

Mrs Swirri Melvis

Mr Mbuh Gerald

Mr Achi William

Mr Kah Michael

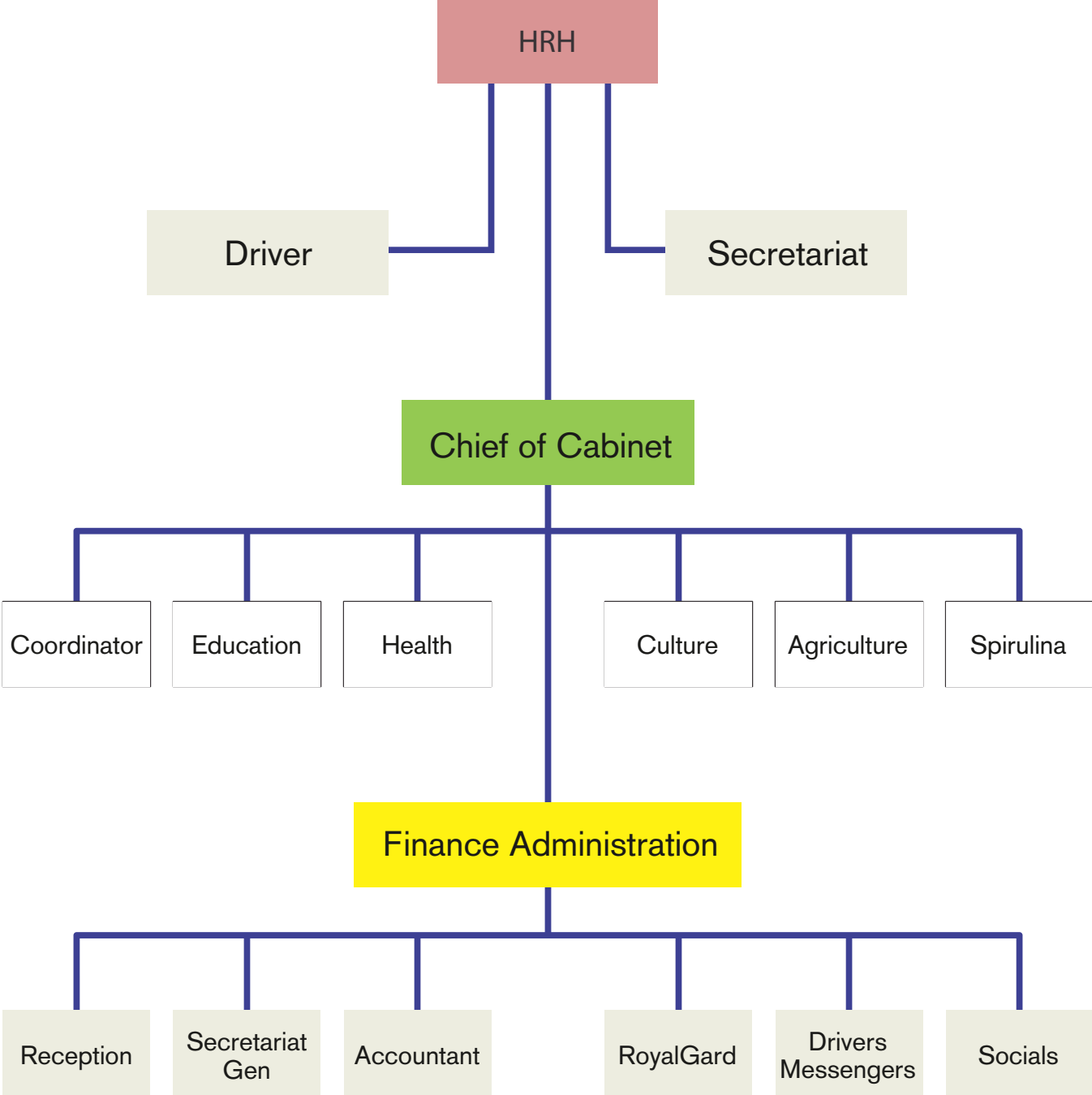
Mr Sam Joseph

Mr Linus Che

## And The Honorary Members

# ROYAL DEVELOPMENT CORPORATION

CABINET OF THE GOODWILL AMBASSADOR  
ROYAL HOME ALAHKIE, MANKON, BAMENDA, CAMEROON  
The Peoples Centre for Development



The Royal Home of Alahkie  
is situated some 14 km along the Bamenda-Mbengwi road,  
NorthWestRegion of Cameroon, Africa

## PHARMACY FOR TRADITIONAL MEDICINE IN DOUALA

The PTM in Douala is a further project of RDC, which connects the requirements of population belonging to rural areas but living in the city.

In order to reduce the alarmingly high sickness and death rate in the world, the Royal Home of Alah- kie- Mankon Bamenda “The Peoples Centre For Development”, in collaboration with the Royal Development Cooperation, Cameroon, the Royal International Centre for Development, Production and Promotion of Spirulina,<sup>\*\*\*</sup> Natural, Cultural and Traditional Medicines for Public Health and Goodwill Ambassador of CISRI-ISP, have all come out with a good number of medicines as a solution to fight diseases as: Akamtie, Ntherm, Esugh, Akweghe, Nisong, Anyth, Kwagh, Seigh, Metegh, Phitaphibing, Messong, Embegh, Nteng – Mutoh, Nzeam, Mutoh-Minisagnikah, Alem, Miuwarah, Attuh – Zabuni, Nidick, Nstop.



<sup>\*\*\*</sup> Microalgae Spirulina for the fight against Malnutrition will develop, produce, promote and train many people on the production of Spirulina for the reduction of Malnutrition, and the high sick and death rate in Cameroon and will also assist, promote and develop the production and the cultivation of the Microalgae and the transformation in many ways that will save the population; it is available in powder, liquids, capsules, tablets, etc.

## BOTANICAL GARDEN IN BAFMEN

The Royal medicinal Botanical Gardens in Cameroon, are a Royal Humanitarian development Institution. Assistance came by the Royal Development Cooperation “RDC” Cameroon based in the Royal Home Alahkie-Mankon Bamenda as “The people’s center for development“ with the assistance of Goodwill Ambassador of CISRI-ISP. It is a practicing section of the Royal University Center, Royal Higher Institution for Rehabilitation Development and Reformation Center, Alah-Mankon Bamenda Arrete N° 11/0513/MINESUP/SG/DDES du 05 Oct. 2011 from the Honorable Minister of Higher Education Yaounde with the extension in Bafmeng MMEN in Fungom subdivision MENCHUM Division to take care of the education of the underprivileged and assist all mentally handicapped persons, all abandoned streetchildren in Cameroon, Africa.

These gardens and the Royal University center carry out a series of Humanitarian Development activities of providing education, health and daily life for the present and future generation. And also train and assist people of all works of life, so long as there are for the social, political and economic advancement of the population that will reduce unemployment, idleness, poverty, malnutrition, hunger and food shortages, the high sick and death rate. in Cameroon and criminal acts amongst the population in Africa and elsewhere in the globe.



The Royal Medicinal Botanical Gardens in Cameroon Bafmeng, are situated at Ipalim Bafmeng “MMEN” in the Fungom Sub division North-West Region of Cameroon.

It is situated some 10 kilometers from Bafmeng old town through Chaah to Fungom village. It is surrounded left to right by Kouk, Fungom and Nyoa villages respectively. It contains natural cultural and Traditional Medicinal plants and medicinal creatures for the safety of mankind.

# THE ROYAL REHABILITATION CENTRE (RHC)

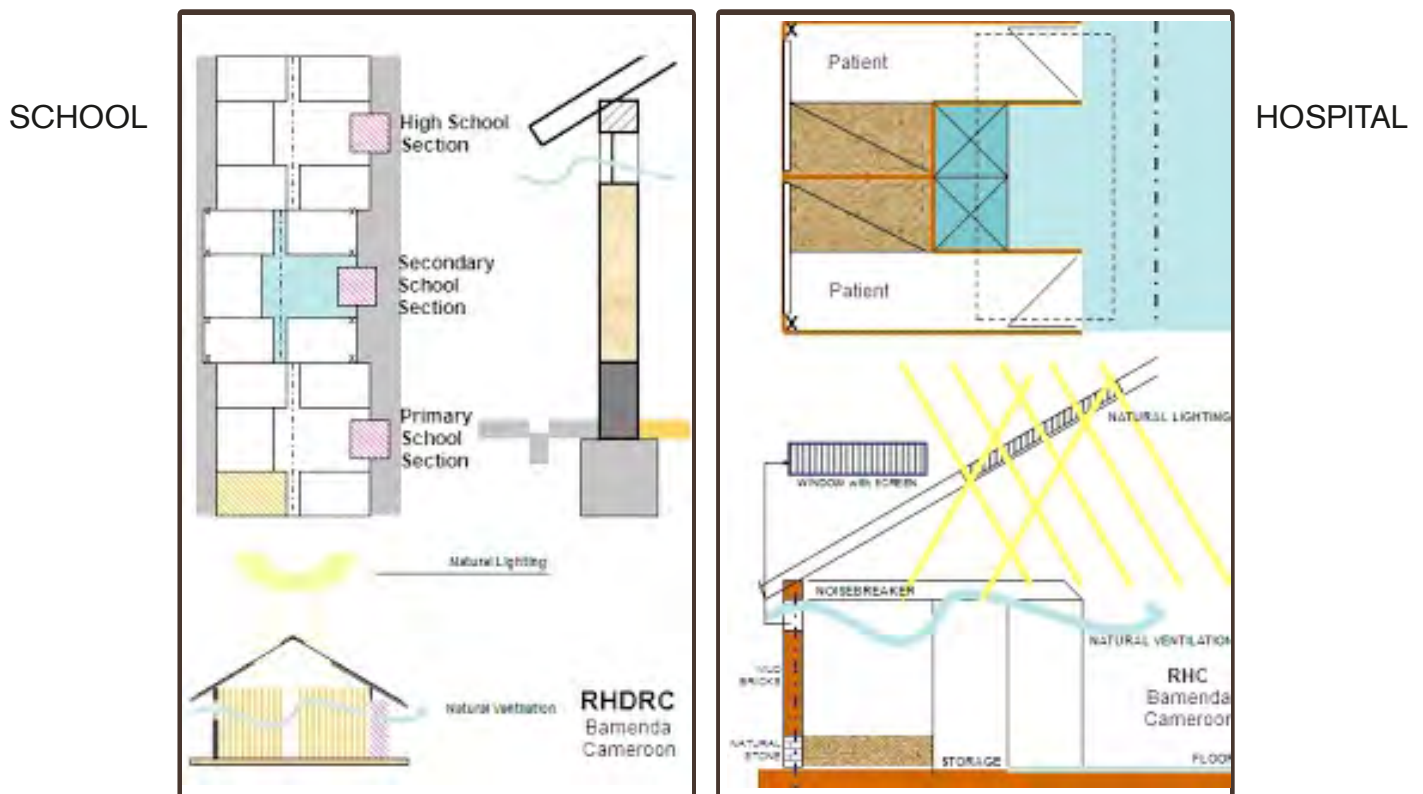
## The Royal Humanitarian Development Reformation Centre (RHDC) in Alahkie. North-West Region, Cameroon

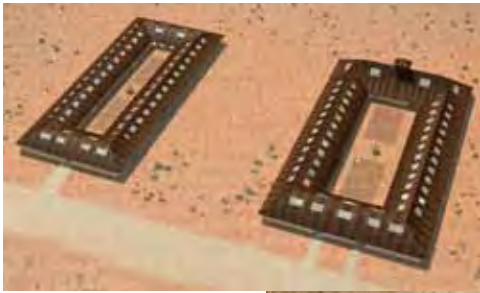
The traditional forms of medicine from Africa, Asia and South America appear to enjoy a popularity even in the classic industrialized countries, where there is a growing recognition of the ancient knowledge of the East. Even the global pharmaceutical industry sends teams into far away regions to profit from the knowledge of the local people.

In Africa the Republic of Cameroon is specially known in this context due to the personal attention of HRE Ambassador Dr Simon Leshey (I), King of African Cameroon Natural Healers, and representative of the Royal Development Cooperation Foundation. He is the founder of the RHC and the RHDC project.

The advisors of the King recommend measures for maintaining the traditional culture while keeping in mind the general economic situation and with the aim to keep the running costs as low as possible. It is for this reason that the use of traditional construction forms, local materials, natural lighting and ventilation as well as flexibility and autonomy of the infra-structure should be utilized and promoted. These goals are not possible to be achieved through the usual western-oriented technology. The current project is therefore also in this context extremely important.

CAT (NGO) has over 10 years of local experience in the field of Appropriate Technology. The NGO has received award from the president of the republic as well as prizes also in the individual regions. With the assistance of the advisor to HRE Ambassador Dr Simon Leshey (I) it was possible to develop a team of experts, who shall take up the described challenges.





## ROYAL UNIVERSITY CENTRE (RUC)

The journey of a hundred miles begins with a step. The idea of a Royal University Centre started way back in 1983 when we opened the very first community primary Schools in the Royal Home of Alahkie- Mankon, Bamenda, Alahie, Matrufon and Mawajang in Santa Njong, which have all been now integrated into government primary schools since 1999. Before we give details of what the Royal University Centre will be offering, we first of all want to thank the Government of Cameroon for granting permission to the Royal Development Cooperation (RDC) to establish the Royal University Centre in Bamenda, which will help to reduce illiteracy in Cameroon.

The Royal University has many departments, especially Department of Medicine, dealing among others with healing and psychological treatment, pharmacology, the study and research on herbs and botanical garden management. The Department of Science and Appropriate Technology will deal with housing and technical equipment like Solar Cooker, Wind Mill, Desert Cooler, Solar Dryer, etc..



### **Prof Dr Dr Pintsch**

President and Vice Chancellor of RUC

### **Rev. Dr Sammy Tse Tabufor**

Vice President of the Board of the Governors,  
Chancellors of the Royal University Centre Alah-Mankon Bamenda

Tuka Bernard Fru  
Dr Atanga Marisus  
Dr Mbanani Thomas Ade

Mr Felix Leshey II  
Mr Njini Victor Nkuh  
Mr Manasses Mallah

*HRM King Alessandro Manini Secretary General "IRSHO" International Reigning and Sovereign Houses Organization and Collaborative Inter-Governmental Scientific Research Institute "CISRI" High Patron "Royal University Centre, Royal Higher Institute for Reformation, Development and Reformation Centre Alah-Mankon Bamenda.*



# RADIO TV RUC

ROYAL UNIVERSITY CENTRE  
ALAHAKIE, NORTHERN SAMBESHI PROVINCE

## Welcome To Radio TV RUC

This site has been built for

Interview

Audio

RDS Projects

Mission

Gallery

Lectures

Articles

About Us

Contact Us

Links

School of Natural, Cultural and Traditional Medicines

Department of Healing and Psychological Treatment

Department of Pharmacologic Medicines

Department of Research on Medical Plants and Medical Creatures

Department of Botanical Gardens

ROYAL UNIVERSITY CENTRE  
ALAHAKIE, NORTHERN SAMBESHI PROVINCE

School for Advanced Studies

Department of Human Ecology

Evening Courses

Off-Campus Programme

Learning on the Project

Conference and Workshop

School of Agriculture & Appropriate Technology & Holistic Science

General Education

Bachelor of Individualized Studies-Professional Education Programme-Teacher Education Programme

Institute for Leadership Development-Undergraduate Academic Programme-Department of Administrative Systems Management-Department of Agriculture-Department of Chemistry-Department of Engineering Technology-Department of Industrial Education and Technology-Department of Life Sciences-Department of Mathematics-Department of Physics-Department of Psychology

School of Liberal Arts and Education

Department of Arts and Design-Department of Education-Department of Health Physical and Recreation-Department of History

-Department of Languages and Literature-Department of Military Science-Department of Music-Department of Political Science-Department of Public Administration

-Department of Sociology and Social Work

School of Business

Department of Management and Marketing-Department of Economics and Finance-Department of Accounting-Department of Information Systems and Decision Sciences

CAT

Home | About us | Contact

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The Internet Radio Project with the Name RADIO-TV-RUC has started 2012 and picked the theme „Future lies in the Rural Areas“. It is open for the people of Alahkie, but also in general for all, including guests, visitors, students etc..

The Internet Radio Project helps to disseminate information in a different form about the activities of the RUC on the topics of traditional medicine and appropriate technology. The radio can be heard 24 hours on the internet as live streaming. Interviews and music are offered at the moment. Users of iPhone and Android can easily use it with the help of an App.

## DRINKING WATER PROJECT

The local community of Alahkie-Mankon located far away from Bamenda metropolis in Mezam Division has been provided with a clean drinking water. The water project which is a borehole drilled and water extracted from beneath granite and is generated from a depth of about 42 meters and pumped up in to 15600liters storage underground tank constructed in an elevated area of about 35 meters to supply to community through stand taps by use of solar pumps. The clean water project funded by the German Embassy in Yaounde and partly by the community at Alahkie, at a total cost of about FCFA 11 million was handed over to the community of about 3000 inhabitants this Monday May 18, 2015.

The clean water project was realized at the Royal Development Corporation King Leshey center at Alahkie-Mankon. It was executed by the Center for Appropriate Technology (CAT) in collaboration with the Society for



the Promotion of Appropriate Technology and Housing (SPATH) via SES / Senior Expert Service, Bonn with Professor Pintsch and DGFK / Deutsche Gesellschaft zur Foerderung der Kultur, Berlin, with Lutz Fluegge. According Njini Victor the Director of CAT, it is expected that this solar pump should pump more water during the dry and in rainy season when there is less sun hour or better still during



ring bad hours, it should at least have 5 hours of sun shine to pump water which is much. It is expected that 10,000 liters of water be produced daily.

This clean water project is very timely given that the city taps in Bamenda ran dry some seven months ago and city dealers were often seen storming the rural areas to fetch muddy water from streams. The main goal for the water project scheme is not only

to make available clean water for the local people but also to decentralize drinking water for the local community and the Bush hospital aimed at promoting traditional medicine and appropriate technology. Prof Pintsch believes strongly that this method could be a solution for rural DRINKING WATER PROJECT areas with guarantee to protect the environment and natural resources.



There is a problem of misuse of water in the communities and the dwindling supply of water is affecting the people. The culture of collection and storage of water especially rain water in underground tanks for later use is still a distance away, though possible. There are reports that in California, people no longer go swimming for lack of big streams that have dried up.

In Acha annex Eye Hospital located in Bafoussam, there is a large reservoir constructed at the basement to collect all running water from the roof of the hospital.

The Directress of the Hospital intimated that with water collected in the reservoir full capacity, the hospital can run the whole dry season without any shortage. The reservoir also provides water for the local community around the hospital. Communities can emulate same and collect water from streams and rainfall, recycle and consume without any dependence on anybody.

In the urban area and in Bamenda City in particular, the people are conditioned to think that clean drinking water must come

only from SNEC and electricity must come from ENEO (Sonel) but in local communities, the people can harness alternative sources of energy as the sun shine, rain water, springs and rivers. With very little effort huge water tanks which are environment friendly, can be constructed to collect and store this water for later use.



## TRAINING NURSES PROJECT FOR BUSH HOSPITALS

A mass campaign to educate local communities on how to live better with what they have on the ground as local materials is ongoing with the training of nurses for bush hospitals in the North West Region of Cameroon. This sensitization campaign is championed by the Center for Appropriate Technology (CAT) in collaboration with the Royal Rehabilitation and Reformation Center at Alahkie/Mankon with experts in traditional medicine. The nurses were trained by Marlis Bartkiewitz- Schmid from the Senior Expert Society (SES) in Bonn – Germany, in the use of traditional medicine (Indigenous) and methods of providing health care to patients in rural areas. The volunteer carried out study on how the traditional birth attendants go about assisting pregnant women during delivery.



Given that there is a Bush Hospital in Alahkie with a pharmacy stocked with traditional medicine, Marlis trained the 15 lady nurses on improved methods of traditional birth attendance. They were also trained on improved methods of administering first aid by use of traditional medicine. By training staff for bush hospitals, Marlis subscribes to the global objective to ensure that the future lies in rural areas. This program is coordinated by another volunteer, Prof Pintsch (SES) from the Society for Promotion of Appropriate Technology and Housing (SPATH) and the German Society for the Promotion of Cul-

ture DGFK, is aimed to enable the rural people to have access to basic health care facilities without leaving their communities. Technology as defined on page 22 in the book titled “Traditional Culture and Future Development” is considered appropriate only when it is able to employ on-site resources optimally and in an environmentally friendly manner, when it also suits peoples’ ecological, economic and socio- cultural circumstances.

According to Prof Pintsch, solutions for local problems can not be imported from abroad, given that the local reality is different from one community to the other. People in rural areas do not need so much sophistication to enjoy livelihood, they have to adopt community need base education with more practical subjects, gradually moving away from too much theory based on Western concepts.



He holds strongly that navigation system is controlling the human mind. Most educated people are conditioned to live like in Europe. Back here in Africa this is impossible. The concept of sensitizing people on how to live better with very little means is to enable the rural poor to live comfortable and happy lives just the urban rich without causing any environmental hazard.

Sensitization in Environment Protection is far more small solutions which are important for rural areas. In line with protecting the environment and ensure constant supply of medicinal plants, Traditional Rulers under the canopy of Cameroon Traditional Rulers Against Climate Change (CAMTRACC) embarked on tree planting campaign that began in Bambui and would span to other Fondoms given that the project shall run for three years. The Project to plant one million trees is funded by the Pan African Parliamentarian Network on Climate Change Headed by Hon. Awudu Mbaya Cyprian Mp for Nkambe Central. The exercise commenced on May 8, 2015 with the planting of trees that are medicinal and some fruit trees around springs.



## APPROPRIATE TECHNOLOGY PROJECT

Here the experiences of many years of the Director of the Centre for Appropriate Technology in Bamenda are put to use by Mr Victor. Thanks to the funding by GIZ CAT Club initiative, all districts were provided information and access to these de-centralized techniques, which are of particular importance for rural areas and therefore also for the Royal Rehabilitation Centre. For transfer of knowledge and skills for the students, the IAM (Institute for Alternative Methods) has been established in order to discuss and develop ideas deviating from the mainstream approach. This is also where the work of the FPAC (Foundation for Promotion of Academic Cooperation) with its magazine Green Mag, in which articles are published from countries with which contacts have been created through the help of the president of RUC, plays a positive role.



Solar Cooker

Wind Mill



*Demonstration Tool for Schools*



## ENVIRONMENTAL PROTECTION PROJECT

Some four trainees in Bamenda undertook a training to teach children arts and craft that promote environmental protection as used materials are being recycled and put in to use. This laudable initiative by a German Trainer, Renate Perner from the Senior Expert Service (SES) Bonn, under the supervision of Prof Pintsch of the Society for the Promotion of Appropriate Technology and Housing (SPATH) as coordinated at the Center for Appropriate Technology (CAT) is coming at a time that the government of Cameroon has banned the use of non biodegradable plastics.



Providing alternative this training shall empower children in the schools and at home with the know-how to make shopper bags from cheap waste materials such as newspapers and old textiles which cannot harm the environment. This environmental friendly arts and craft can be learned and practiced by everybody to ensure that the environment is protected and safe especially in local communities. The main goal of this training is to foster sensitization on environmental protection and appropriate technology to important solutions in local communities. The practice can go a long way

to reverse the rapidity with which the climate change is affecting the biodiversity. Home made paper bags for shopping would replace the use of non biodegradable plastic that has taken a toll on the environment.

According to Hon Awudu Mbaya Cyprian, advocates against practices that endanger the environment, plastics can stay intact in the soil for about 1000 years. These plastics in the soil would affect natural growth of shrubs and block water run-ways which in turn propagate unpleasant effect on the water table. The adverse effect of global warming is visible in Bamenda, where running streams are drying up and cold areas are getting hotter. For close to seven months Bamenda City was hard hit with the lack of potable water which warrants behavior change.

The training of trainers' workshop that began on Friday May 8 came to a close on Monday May 18, 2015 with the award of certificates of participation to the four trainees. Some 50 beautifully designed shopper bags were ready for use which was the outcome of the workshop at the Center for Appropriate Technology (CAT). The pioneer trainees awarded certificates of participation are Sobe Celestine, Njini Courage, Ngam Caleb and Ngong Ernest.

According to the Director of CAT, Njini Victor, there are expectations that these trainers would embark on training children. Children would be occupied during holidays and generate some income from making paper shopper bags. Bakeries and shops can place an order for these paper shopper bags.



## VOLUNTEERS



### **Marlis Bartkiewitz-Schmid**

Switzerland; Nurse,  
Experience in other projects  
in Kenia, Indonesia, Yemen,  
Rumania, Pakistan

### **Lutz Fluegge**

Germany; Plumber, Artist and  
Musician. Experience in  
former Soviet Union,  
Pakistan.



### **Renate Perner**

Germany; Teacher in Art and  
Handicraft. Experience in other  
projects in former Soviet Union,  
Pakistan.

### **Prof Dr Pintsch**

Germany; Architect,  
Engineer and MBA.  
Experience in other projects  
in Palistan, Greece, Iceland,  
Colombia, Israel,  
BanglaDesh, SriLanka.



### **Dr Senta Siller**

Austria: Designer, Scientist,  
Curator, Principal of ArtSchool.  
Experience in other projects in  
Pakistan, Iceland, Colombia,  
Israel, Greenland.



# COOPERATIONS

## CAT

Centre for Appropriate Technology, Bamenda  
[www.camcatbam.com](http://www.camcatbam.com)

## SES

Senior Experte Service, Bonn  
[www.ses-bonn.de](http://www.ses-bonn.de)

## DGFK

Deutsche Gesellschaft zur Foerderung der Kultur, Berlin  
[www.dgfk.de](http://www.dgfk.de)

## IPC

Institute for Planning + Consulting, Cheyenne  
[www.ipc-wissen.de](http://www.ipc-wissen.de)

## SPATH

Society for the Promotion of Appropriate Technology & Housing, Bamenda  
[www.spathcameroon.blogspot.com](http://www.spathcameroon.blogspot.com)

GTZ (now:GIZ) Gesellschaft fuer Technische Zusammenarbeit, Eschborn  
[www.giz.de](http://www.giz.de)





# THE KINGDOM OF ALAHKIE

